

Face Former



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Active vestibular screen


DENTAURUM

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The Face Former is used for myofunctional training of facial muscles which are especially important for such functions as chewing, swallowing, speaking, breathing, making facial expressions, tightening the skin and also aligning the teeth. The lips and tongue are used to activate the vestibular screen. Training with the Face Former is the natural way to improve the tone of these muscles and the skin covering them. Deleterious sucking and breathing habits are also prevented or cured.

The Face Former consists of an anatomically shaped lip wedge and a labial vestibular mouth shield made from resilient silicone. The soft, flexible texture of the material enables the mouth shield to be easily cut with scissors to the correct shape and size as required.

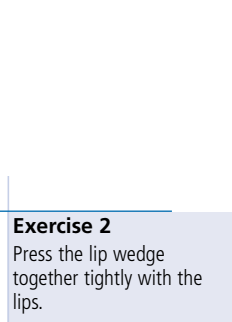
Indications

For coordinating and strengthening orofacial muscle functions (chewing, swallowing and facial expression muscles) in relation to:

- Dysphagia (difficulty in swallowing)
- Tongue malfunctions (tongue pressure, incorrect tongue position)
- Dysfunctional mastication
- Paralysis of the oral and facial areas
- Weakened muscles following an operation on the jaw, face or tongue
- Malalignment of the teeth
- Anomalies in the jaw
- Grinding the teeth (bruxism)
- Dental restorations (adaptation)
- Dental implant restorations (preparation and adaptation)
- Speech disorders with functional causes
- Loss of hearing, tinnitus, Ménière's syndrome
- Pressure balance problems in the middle ear
- Snoring, sleep apnoea
- Changing from mouth to nasal breathing
- Improving nasal breathing by activating muscles and tissues of the nasal pathways
- Curing thumb sucking, lip sucking, lip biting etc.
- Flabby skin and muscles in the area of the face and neck
- Development of facial wrinkles, double chin etc.



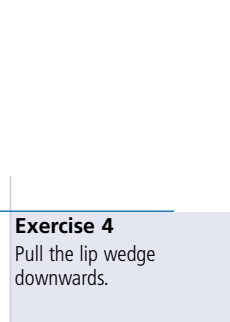
Exercise 1
Relax the lips and place them round the lip wedge.



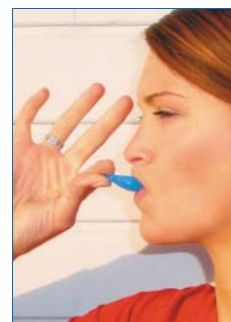
Exercise 2
Press the lip wedge together tightly with the lips.



Exercise 3
Pull the lip wedge forward.



Exercise 4
Pull the lip wedge downwards.

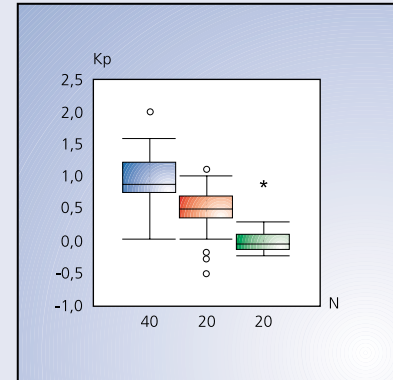
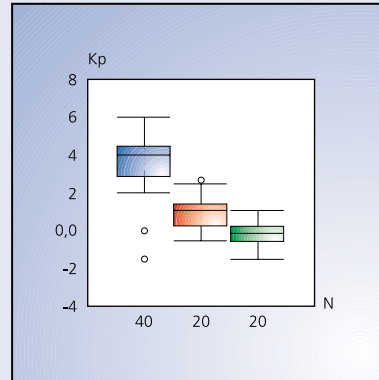


Exercise 5
Pull the lip wedge upwards.

Highly effective

The excellent medical and therapeutic benefits of the Face Former have been proved in scientific tests carried out by the University of Mainz and the University of Jena, Germany.

- Statistically significant improvement in the strength of the lips and positioning of the mouth and tongue
- Statistically guaranteed clear reduction in sucking habits after 3 – 6 months



= Face Former



= Other technique



= Without treatment

Difference between the initial and final measurements of lip strength using a myometer in the three groups tested. The greatest improvement was attained in the group treated with the Face Former ($p = 0.0005$).

Difference between the initial and final measurements of lip strength using a spring balance in the three groups tested. The greatest improvement was attained in the group treated with the Face Former ($p = 0.023$).

¹⁾ C. AL-Nachef, G.M. Doll, H.G. Sergl: Zur Wirksamkeit eines myofunktionellen Trainingsgerätes "Face Former" in: J. Tränkmann, J. Lisson: Prävention und Frühbehandlung, Arbeitskreis für Myofunktionelle Therapie eV, Taufkirchen 2001

Quick results

Positive results can be achieved after only three weeks. A marked improvement can be expected after 12 – 16 weeks. A maximum improvement in lip strength is achieved in comparison with other forms of myofunctional training.

Excellent hygiene

The Face Former is easily cleaned by rinsing with hot water. A toothbrush can be used when cleaning if necessary.

Very well tolerated by patients

The Face Former is very comfortable due to the texture of the material (soft, resilient Silopren), excellent retention in the oral vestibule and customized fitting.

Motivates patients

Quick results greatly encourage patient cooperation. It is also important that patients and parents can effectively and easily control the exercises.

Highly biocompatible

High-quality Silopren is completely harmless and highly biocompatible. Fit, occlusion and tongue function can be accurately checked, as the material is transparent.

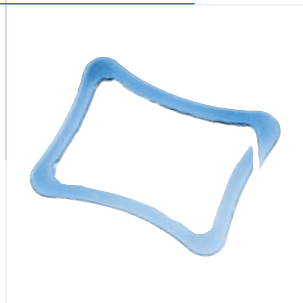
Face Former

Active vestibular screen –
at a glance

**Face Former
individual**



**Face Former
anatomical**



Face Former individual	Standard Face Former for customizing	1 piece	Order no. 074-100-00
Face Former anatomical	Anatomically preformed Face Former	1 piece	Order no. 074-101-00

A good feeling!

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